

# Alt Health Watch™

Available via EBSCOhost®

*Focusing on the many perspectives of complementary, holistic and integrated approaches to health care and wellness...*



*Cross-cultural therapies*

*Acupuncture*

*Creative therapies*

*Aromatherapy*

*Ho*

*Body work*

*Mind-body*

*Childbirth*

*Nutrition*

*Osteopathy*

*Chinese medicine*

*Energy medicine*

*Naturopathy*

*Herbalism*

